

**FREE**

# SHELTON *Life*

COMMUNITY & BUSINESS NEWS

**MARCH 2021  
VOLUME 27, ISSUE 1**



## **MARCH ISSUE HIGHLIGHTS**

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# SHELTON COMMUNITY & BUSINESS NEWS

## Welcome from the Editor



Shelton residents, please excuse us for getting out this late issue. We expected to publish in the fall. But, due to COVID and a fire in the basement of our former offices, we had to move to a new location and change our work schedule. By now, most of you have seen the new construction in the downtown area. (See page 27). Our cover gives you an indication of what is coming in the future from the artist's drawings of NEW projects. (Subject to change of course!)

~ Fred Ruggio, Editor

Cover: Clockwise from Top Left: Chromium Process, River Breeze Apartments, Riverview Park Royal, The Wharf at Apex. See page 27

## Shelton Life Community & Business News

Volume 27, Issue 1  
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**Published by:**  
Economic Development Commission  
Fred Ruggio, Chairman  
c/o Shelton Economic Development Corporation  
25 Brook Street, Suite 203  
Shelton, CT 06484, (203) 924-2521  
a.miner@sheltonedc.com • sheltonedc.com  
www.cityofshelton.org

**Editor**  
Fred Ruggio, Chairman  
Economic Development Commission

**Associate Editors**  
Aleta Miner, SEDC  
Kate Marks  
Karen McGovern  
Pat Carey  
Doug Dempsey  
**In Memory**  
Fred Musante, Sr., (1922-2009)

**Design & Layout**  
Q Company Communication, Shelton, CT



Dear Shelton Residents and Businesses:

In light of the very rough year caused by the COVID 19 pandemic, the City has adapted and continues to find ways to serve its citizens. Every city department has had to adopt new public safety protocols to ensure the health and well-being of its employees and the general public. For example, our education system moved to a remote learning platform, the

Plumb Memorial Library implemented concierge curbside service, the Senior Center, for several months, remained open by appointment only and the Community Center offered a reservation system to enable safe public use of the recreational facilities. So, even in these troubling days we see progress.

Economically, the City continues to thrive. This year Shelton experienced its 30th consecutive year of grand list growth. There is a real consistency in Shelton and businesses understand that they can rely on a stable tax base, while seniors can take comfort in the knowledge that they will not be taxed out of their homes like they are in other places. That has always been a goal of mine to make Shelton affordable.

One area that we have been particularly focused on is our downtown district. If you drive through downtown today, you will see multiple buildings under construction. With the increase in high quality residential apartments and the introduction of new commercial opportunities, we can truly say that the downtown is becoming a vibrant place to live and work. In fact, a number of these projects are portrayed in this edition of the *Shelton Life Newsletter*.

The editors of the *Shelton Life* have continued their exemplary work and were able to publish this latest edition even in these trying times. Throughout the newsletter you will find important community news, uplifting stories and interesting articles about some of our local residents and businesses. For instance, Shelton resident Jill Nichols, a world-renowned artist, shows us that all is possible with patience and persistence. And Uncle Harold — don't get me started about Uncle Harold. We will let Guy Beardsley tell you that story.

On behalf of the entire City of Shelton, I wish our residents good health as we move forward through 2021.

Very truly yours,

Mark A. Lauretti  
Mayor, City of Shelton



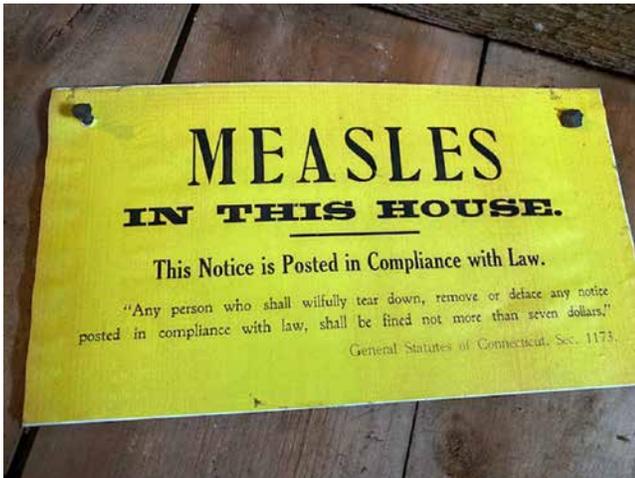
**The Balanced Plan for Shelton's Future**  
*Vision to See, Faith to Believe, Courage to Do...*

© Michael Connelly, "The Closers"

## This Too Shall Pass

Written by Tracey Tate, Director of the Shelton History Center

It wasn't so long ago that students who visited the Shelton History Center for an enrichment program entitled "A Connecticut Community from Farm to Factory," wondered aloud about the signs posted in an exhibit in the barn. Now, after over ten months of living through a pandemic, they would have a better understanding. One sign said, "MEASLES IN THIS HOUSE. This Notice is Posted in Compliance with Law. Any person who shall willfully tear down, remove or deface any notice posted in compliance with law, shall be fined not more than seven dollars." Smallpox, scarlet fever, and whooping cough warranted the same directive warning passersby that illness was present. Only the mode of communication has changed; instead of mounting a quarantine sign in the window or on the door of a home, we have learned to wear masks for protection and stay 'socially distant' through an informational campaign on all media as directed by local, state, or federal governments and health departments.



Measles is defined as a highly contagious viral infection characterized by symptoms that include cough and high fever which could lead to complications. (Sound familiar?) While some of us remember having measles, many of today's children are vaccinated against it and other formerly common childhood diseases.

Another pandemic first identified in the spring of 1918 among military personnel, the Spanish Flu



raged in our country in successive waves for over two years. Since that was long before the Shelton Historical Society was founded, we possess no documentation of how it affected local citizens, other than some engravings on a few headstones that might hint of some victims.

Even while the Shelton History Center has been closed to the public for much of the year and the staff has been laid off, work continues behind the scenes, albeit in a limited fashion. Today, historians need foresight to imagine what kind of information to gather and catalog for future researchers. This is a historic time and the History Center is asking for residents to share their experiences to be added to our collection. This will illustrate for our descendants how 2020 was lived.

Did you participate in any drive-by birthday parties or other celebrations? Do you have any yard signs thanking first responders or nurses, or announcing graduations? When you are through with those, don't discard. Please donate instead to the Shelton History Center along with anything that you might think will tell a story, even a sad one, in the future. (Arrangements to drop things off must be made in advance by calling 203-925-1803 and leaving a message.)

*As a new decade of the 21st century is beginning, it is only appropriate to recognize the leadership Marty Coughlin brought to the Shelton Historical Society during much of the first two decades as president. He and his late wife, Margaret, were instrumental in guiding the non-profit organization through many enhancements including the restoration of the Wilson Barn, the installation of a permanent exhibit, the construction of a carriage barn, the 1913 reinterpretation of the Brownson House, and the celebration of Shelton Historical Society's 50 years in the community. Thank you to the Coughlin family for their leadership over the years. ♦*

### Jill Nichols Shelton Resident and Artist

*Reprinted with the kind permission of Brian Gioiele,  
Hearst Connecticut Media*

Jill Harrington Nichols does not remember a time when she did not love creating art. One of her first artistic forays was creating a tiger's head with colored gravel — which her parents hung above the stove when she was five. How far Nichols has come.

The Shelton artist now has two paintings — titled “Phi” and “Juno” — both created to celebrate the Cosmos and the sacred feminine hanging in the Vatican Observatory, an astronomical research and educational institution at the opposite end of the papal gardens from the former Pope's summer residence in Vatican City. The observatory, within the borders of Castel Gandolfo, is one of the properties of the Holy See.

Other paintings sit in the collection of former FBI Director James Comey: “Washington D.C.,” most notably seen as the backdrop during his interview on “Face the Nation,” and “The Grand Canyon,” installed in Comey's office and shown in scenes in Showtime's “The Comey Rule.”

Yet another of Nichols' paintings, “Weir Farm Summer's Day,” recently received an award from the U.S. Department of the Interior. And those are just the ones earning international acclaim. Nichols has numerous other paintings prominently displayed in homes and businesses locally and farther afield.

“When I see my work prominently displayed, I feel a mixture of elation and disbelief,” Nichols, currently an adjunct professor at the University of New Haven, said. “When my art was chosen to be installed in the Vatican, I felt a sense of reassurance and validation of my work and my source.”

“As many have said to me, ‘it's not every artist that has their work in the Vatican,’” Nichols added. “Sometimes a bit of imposter syndrome or the tendency to downplay it all creeps in. Yet despite it — or perhaps because of it — I find my voice gaining strength.”

Nichols also said she sees a link between her works appearing in the Vatican and in the office of a top federal official. The overlap of my work being in the spotlight of both the former director of the FBI and



the Vatican has strengthened my notion that there is an interconnectedness with everything in the universe,” Nichols said. “Both the Vatican and FBI, imperfect in their efforts, fight the battle between good and evil and are pillars of morality.”

Nichols said she has always loved painting, maintaining her interest by taking art classes in high school and while at the University of Colorado. “I felt that painting was an indulgence, something that I could never make a living from. This message was reinforced by many,” Nichols said. “Even so, after graduating (from college), I took a part-time job in an art supply store and enrolled in a watercolor class. She said after a year of living frugally as an artist and “feeling guilty for floundering and squandering my college education, I headed home to Connecticut.”

That was when Nichols, who had found a job as a graphic designer, met her soon-to-be husband and had three children. She said she hoped that she could spend her time “pregnant and painting.”

“The first part panned out as I had three beautiful sons, but the painting part not so much,” Nichols recalled. “To make ends meet, I took a series of freelance jobs, juggling three children and deadlines.”

In 2000, with changes in her personal life, she quit a dependable full-time job and began to pursue her painting in earnest. “I enrolled in an oil painting class and began driving 45 minutes to Meriden. The more I floundered, the more imperative painting became.

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Every Wednesday for 11 years, I organized my life around those painting classes. The nurturing environment served as a salve and support as I discovered myself and delved into oil painting," Nichols said.

In 2013, with all three sons grown and living independently, she immersed herself in painting completely. She took out a student loan and enrolled in an MFA program, giving herself two years to paint and a chance to support herself as a professor.

Years of hard work followed, along with the success that has pushed her work to the national forefront.

"At times I feel like a conduit, that I'm downloading and transcribing," Nichols said of her work. "I believe that the divine speaks through my painting. This sounds a little fantastical, so I try to put it in context and digestible thoughts — not just for others but for myself."

"When I was painting "Phi," I felt a warmth pass from the painting through my heart," she added. "I received a sense that the abstract-shaped heart in my painting was the healing heart of Mother Mary and the 'dove' Sophia, wisdom and the Holy Spirit. This came unbidden. You should also know that I have not been a church goer for many years."

And her creative process has become refined over the past two decades, she said.

"I stick to the idea that a painter paints. I don't paint every day; however, I make it a priority in my life," Nichols said. "If I'm in a slump, I will make myself paint for at least 15 minutes, which may become five hours. It's easier to paint every day when I'm working on one of my large paintings — I can go in if even for a short time and make progress."

Nature is intrinsic in her painting, so she finds a



daily walk good practice in keeping it close, she said. A walk helps strengthen her painting vision and is a form of meditation.

"I often just 'see' a painting," she said. "I don't know what draws me to a particular painting. It is more of a knowing, another intangible sense. A painting may incubate for years. There seems to be some divine timing at play."

The last part of the process, she said, is sharing her work.

"I'm fortunate to have a support system of individuals that appreciate and collect my work," Nichols said. "I've come to accept that I have a unique set of expressions that are not available upon demand. My paintings, in retrospect, may show a progression or pattern. Right now, with COVID-19, art viewing and sales seem to be shifting to online. I'm exploring ways to expand my exposure and connect my art with others."

For Nichols, who offers online classes for aspiring artists as well as a website and blog detailing her inspirations, helping pass on the rich tradition of painting is something she loves.

"A living breathing entity, painting serves as a retreat, a form of meditation, a way to center and release emotions," Nichols said. "It is a visual validation of time well spent leaving the artist with a sense of accomplishment and self-worth."

"Sharing painting with my students is extremely rewarding as I witness their transformation and growth ... as much as I may give, I get much more in return," Nichols added. "I am inspired to learn and grow along with them." [www.jillnichols.com](http://www.jillnichols.com) ♦

### Meet David Oliphant One Man's Journey



Life is a journey filled with lessons, hardships, heartaches, joys, celebrations and special moments that will ultimately lead us to our destination, our purpose in life. Life, like many roads, has many twists, turns and is not always smooth; in fact, throughout our

travels, we will encounter many challenges.

David Oliphant has taken life's journey and traveled many roads before making Shelton his home and after living in many places throughout his lifetime, he could not be happier with his decision.

David's parents immigrated to the U. S. through Ellis Island in the early 1900s – his father from Poland and his mother from Russia. David was born in the South Bronx and graduated from Morris High School in 1953.

David's first recollection of community service was in 1944 (at the age of nine) when David was recruited to the Junior Civil Defense and immediately became the junior warden for two South Bronx tenement buildings that housed 50 families. His job every night during air raid drills was to check each of the 50 apartments to ensure their window shades were down so no lights could be seen from the sky. David also had the job of picking up all recyclable material in the streets needed to make bullets for the war effort.

David became the monitor at elementary school P.S. 62 for the entire fifth grade and oversaw the air raid drills ensuring everyone got under the tables, or out in the hallways, and to evacuate if needed.

After graduation, David signed a professional baseball contract with the New York Yankees as a right-handed pitcher. The Yankees sent him to Olean,

New York to play his rookie season with the Olean Yankees in their Minor League system.

After four exciting seasons with the New York Yankees, David found his way to the Los Angeles Dodgers, and played in their Minor League system for another three seasons. Although, David earned his college degree from Curry College in Massachusetts, the real education took place on the playing field. David played baseball all over the USA, and the experience taught him how to share, be a team player and hopefully become a better person. David was a baseball coach for all ages in Westport, Connecticut for over 20 years.

David went on to become an American History teacher, as well as a baseball and basketball coach at the junior and senior high school levels. However, David's desire to make a better living propelled him into the world of publishing. In 1963, he co-founded and became President of an educational distribution company and eventually became the chief consultant to the president and educational director of Xerox's newly acquired company called American Education Publications (AEP).

AEP owned the Weekly Reader group and eventually Reader's Digest, which was purchased from Wesleyan University Press. David helped create and build nine individual book clubs for public, private and parochial elementary, junior and senior high schools. All nine clubs were launched successfully within one year. David's primary contribution was to help select the titles from numerous publishers, along with fine-tuning the nuts and bolts of the book clubs – especially their most successful continuity program... for grades 9-12, the "History Club."

With publishing in his blood, David founded and became president of an educational publishing company in 1968 called Pendulum Press, Inc., and created the world-famous "Illustrated Classics" (125 volumes), the "Illustrated History of America" (12 volumes), and Shakespeare (12 volumes), for elementary, junior and senior high schools, both in English and Spanish. Pendulum Press ultimately sold over 100 million books under David's leadership.

Over 100 of the titles were licensed in 17 languages  
*continued on next page*

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(at the Frankfurt Book Fairs) including the first edition of Star Wars, notable titles such as Moby Dick, Frankenstein, Dracula, The Time Machine, 20,000 Leagues Under the Sea, The Call of the Wild and Huckleberry Finn, just to name a few.

David remarked, “Another exciting era of my publishing career was acting as a consultant for 10 years to Leon Shimkin, chairman and founder of Pocket Books and Simon & Schuster. I was also working with Herb Alexander, the then president of Pocket Books and Trident Press, both Simon & Schuster owned companies. One of my tasks was to identify new exciting manuscripts which led me to find a number of New York Times bestsellers, including *A Child’s Garden of Grass*, which sold over 5 million copies and is still in print.”

Another significant creation was the book, *The Way It Is* — the Curt Flood baseball story. David states, “working with Marvin Miller President of the Baseball Players Association, is a proud accomplishment that forever changed the face of baseball.”

Eventually David sold his interest in Academic Industries and Pendulum Press to further life’s journey.

In 1988 David became an independent consultant and vendor with QVC, Inc., who became the world’s largest and most successful electronic retailer that can currently be seen in millions of homes across the United States and abroad. As one listens to David recounting his experiences, you can sense that he enjoyed this part of his journey immensely.

In fact, David said, “For 15 years, I had the honor of being President of a QVC joint venture that continues to help hundreds of thousands of people live healthier lives.” The company was called Health Ventures Partners (HVP) and the product was Nature’s Code® Nutritional System.

Over the past 32 years, David and his partner, Deborah, have been responsible for QVC retail sales of more than \$2 billion dollars.

Even with all of the success experienced throughout his life, David’s proudest accomplishment was as a volunteer President of Connecticut’s Fairfield County Chapter of the Leukemia & Lymphoma Society for more than eight years. David also served for over 30 years on its Board of Trustees by financially supporting Yale School of Medicine researchers leading to their discovery of the bone marrow transplant that eventu-

ally found its way to Novartis. David and his partners were honored in the White House on October 6, 1978 by Rosalyn Carter for this proud effort.

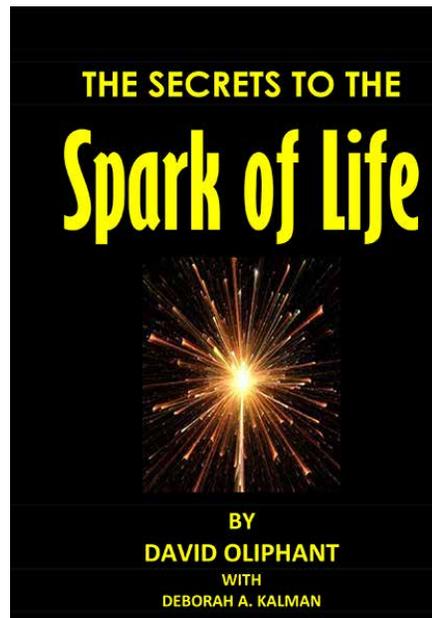
David has authored and co-authored many books. However, his latest literary work, *The Secrets to the Spark of Life*, is the one he asked to share with our readers. The *Shelton Life* editors agreed.

*The Spark of Life* talks about two key components that keep vital organs healthy and alive: Endothelium and Nitric Oxide (also known as “NO”).

Most people might wonder “What is Endothelium and Nitric Oxide? The Endothelium is the lining of the body’s blood vessels made up of microscopic molecules. These microscopic molecules produce an

invisible odorless gas called Nitric Oxide. This gas puffs continuously within the human body just like the beating of the human heart.

Nitric Oxide also dilates the body’s blood vessels and keeps them wide open so all the oxygen-enriched blood can



flow easily to vital organs while also monitoring blood pressure. This all helps toward the prevention of strokes, heart attacks or even death.

David stated “Just for the record, I consider the Endothelium and Nitric Oxide *The Spark of Life*. It is important to keep your body’s Endothelium healthy so it can keep the Nitric Oxide puffing away, to avoid endothelial dysfunction.

Although David is not a doctor, he is a well-informed patient committed to helping people achieve optimum health. David is also currently developing a company focused on concepts and content for Hollywood. We wish our local author all the success! ♦



### 289 Bridgeport Avenue

At Sunshine Self-Storage, exceptional service is a family tradition. Owner, Paul DiMauro, will tell you the name Sunshine Self-Storage is derived from his grandfather's dairy farm, Sunshine Farm Dairy. As with the dairy, they strive to embody the same level of excellence through their storage business. They offer a full range of interior and exterior storage solutions including secure units, outdoor parking for large vehicles, and on-site U-haul rentals. Their secure facility is conveniently located behind the Wiffle Ball building off Route 8 south, and their customers can enjoy 24/7 access to all their belongings. Whether they are helping contractors store their vehicles during projects or assisting newcomers with their move, they take pride in serving the community with the best storage solutions around.

#### Services They Offer:

- Boat Storage
- Insurance Services
- Moving Truck Rentals
- Car Storage
- Large Storage Units
- RV Storage
- Commerical Services
- Month-to-Month Rentals
- Attic Storage
- Dolly/Moving Cart Rentals
- Boxes and Moving Supplies

#### Their Commitment

Equipped with standard storage units, indoor and outdoor parking for RVs, boats and other vehicles, Sunshine Self-Storage is the storage facility customers can always count on. The facility provides a safe and 24/7 accessible building. The place is fully secured with cameras so that customers do not have to worry about their valuables. Give them a call at (203) 922-9432 to reserve a unit or for further information on pricing. They will be happy to hear from you!

Hours of operation are Monday through Friday - 8:00 AM until 5:00 PM and Saturday - 8:00 AM until 1:00 PM.



Paul DiMauro

*UPDATE: In order to keep the public safe, the office is now temporarily closed. Customers may continue to access their storage units. A 24/7 year-round operator can now take payments. They can also rent new storage units and U-haul vehicles. Sunshine Self-Storage is taking every precaution to keep the public safe. All U-haul vehicles are sanitized after being returned. Self-service check in and check out are available 24/7. Please visit [UHAUL.com](http://UHAUL.com) to rent vehicles. For further information please call (203) 922-9432. ♦*

## Unitas Photography And So Much More



Owner, Charles Unitas

Charles Unitas will tell you as a business owner it seems everyone expects you to do everything yourself. It's an unrealistic expectation no one can live up to. That's why it's important to surround yourself with

reliable people whose expertise fills in the gaps you may have.

As a lifelong visual artist, Charles, who also goes by the name Duck, decided it was the perfect time to open up a business at 415 Howe Avenue in the Conti building in downtown. Unitas Photography has been located here since 2016 and can provide you the know-how for your

online marketing, e-commerce site and social media outlet visuals to help you build an online presence that speaks professionalism. If you sell anything online, you already understand the importance of impactful images. This requires a skill far beyond simply pointing a camera at your product and calling it a day.

Duck has a passion for creating clean imagery for the web and print and enjoys collaborating on projects with clients. Whether it's cleaning up an existing site or launching one from scratch, Unitas Photography can help you achieve your goals.

Duck also understands the need to work within a budget and handles each and every client according to their needs and can scale what services are needed accordingly. Going beyond photography, Duck's



Behind the scene look at an actual staged product shoot



"Tossed Salad" illustrates what can be created by a commercial photographer

experience in graphic design and illustration allows him to collaborate on various aspects of a client's marketing and branding as well.

Duck has various clients in the Shelton community including Enfield Tech, Really Good Stuff, Focaccia Cafe & Eatery, and Whole Person Therapeutics to name a few. Duck is also involved with the Valley Chamber of Commerce as a member along with photographing events for the Chamber.

For further information on workshops offered along with a portfolio of Duck's work, you can visit [unitasphotography.com](http://unitasphotography.com), call (203) 828-7235 or email [duck@unitasphotography.com](mailto:duck@unitasphotography.com). ♦



## What You Can Do About Climate Change

By Jane Bakker, Housatonic Valley Association Communications Manager

According to the Climate Reality Project (CRP) and the Natural Resources Defense Council (NRDC), climate change is happening because of global warming. Greenhouse gas emissions come from carbon-based fuels burned to heat a home, drive a car, and produce goods. Landfills and power plants are sources too.



The National Oceanic and Atmospheric Administration (NOAA) notes that the average November temperature across the contiguous U.S. was 46.4 degrees F (4.7 degrees above average), which placed the month at the fourth-hottest November in the 126-year record.

The nation's average precipitation across the contiguous U.S. was 0.33 inches below average, ranking November in the driest third of Novembers on record.

The year 2020 was tied with 2016 as the hottest year on record with an average temperature of 56.1 degrees F (2.3 degrees above average). The four warmest years on record have all occurred since 2012.

### A record-breaking hurricane season

By November 2020, the Atlantic had produced 30 named tropical storms over the year, breaking the previous record of 27 set in 2005. The 13 hurricanes and six major hurricanes in 2020 are both the second most on record behind 2005. Twelve named storms hit the continental U.S., breaking the previous annual record of nine landfalls set in 1916.

Drought gripped almost half the nation by the end of November, with approximately 48% of the



contiguous U.S. in drought, up nearly 3% from the beginning of the month.

### Climate change is bad for our health

As temperatures climb, we expect more heat waves. Extreme heat can “overpower the human body” and cause dehydration, heatstroke, and major organ damage especially in the elderly, children and the poor. Climate change impacts air quality, too, and is linked to more wildfires.

The Union of Concerned Scientists (UCS) notes that in the Western U.S., the number of large wildfires is increasing and wildfire season is now

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photo by national geographic

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two months longer than it was 40 years ago. Winter snowpack is melting earlier in the year, creating hotter, drier conditions that are primed for wildfires to ignite and spread.

And as our climate becomes warmer, geographic ranges are expanding for mosquitoes, fleas, mites and ticks – bringing Lyme disease and West Nile or Zika viruses to new regions.

The Connecticut Agricultural Experiment Station (CAES) maintains fixed mosquito trapping stations in 87 municipalities throughout Connecticut as a



part of the statewide mosquito surveillance program. The resulting data generated from this program “clearly shows that mosquitoes are on the rise in

Connecticut and provides a baseline for monitoring future population changes and range expansions that are anticipated under climate change.” said Dr. Philip Armstrong, Medical Entomologist at CAES.

### **Water supplies, river flow and the economy are threatened**

Climate change poses a huge threat to something humans depend on – adequate supplies of clean water for drinking and food production. Intense rains are as problematic as droughts because they wash away seeds and soil.

Further, the increased amount of rain in the last century has created a problem for culverts. During heavy rains, huge volumes of water fill the systems quickly and can overwhelm them.

The water then backs up on the upstream side causing localized flooding and may overflow across the roadway, increasing erosion that can wash out the culvert. Even small-scale flooding at undersized culverts can degrade water quality, erode stream banks, block access to habitat for aquatic organisms, and damage private and municipal property. Culverts that were an adequate size when they were installed years ago may now be prone to flooding and failure.

A well-designed crossing provides a size suitable for handling flows such as an open-arch or an open-bottomed culvert. It is also greater than the stream width to maintain dry banks for wildlife passage, has water depth and velocity to match conditions of the natural stream channel upstream, has a natural river bottom to create good conditions for stream-dwelling animals and creates no

noticeable change in the river. Effective crossings include bridges, open bottom arches and culverts that span, and are sunk into, the streambed.

### **Rising sea levels**

According to the UCS, sea levels are rising much faster along the Northeast and mid-Atlantic coast than globally, steadily increasing the risk of destructive coastal flooding events.

Since 1960, sea level in Long Island Sound has risen almost six inches, according to data released in June 2018 from NOAA.



According to the Connecticut Institute for Resilience and Climate Adaptation (CIRCA), along the east coast, including Connecticut, sea level rise rates are more rapid than the global average rate because of subsidence or sinking of the coastline.

Sea level rise has multiple impacts on the Connecticut shoreline, including increased erosion rates, increased frequency of flooding, and coastal inundation. With sea level rise, the shoreline is impacted – beaches get eroded, salt marshes move landward, and property can be damaged. With a higher sea level, a storm surge or high tide that would not have been a problem in the past, now results in more frequent flooding and extreme hurricane events cause even greater damage.

According to the Department of Energy and Environmental Protection (DEEP) of the more than 3.5 million people living in Connecticut, over 61% resides in the states coastal area, and nearly 30% of the state’s population works within the coastal area.

In September 2019 the Intergovernmental Panel on Climate Change published a special report, which identified that New England’s geography makes it acutely susceptible to sea level rise (SLR) and coastal

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*HVA, continued from pg. 10*

flooding. Any substantial rise in sea level would discernibly cause immense impacts to Connecticut's dynamic coast. Planning for the effects of sea level rise in Connecticut is imperative.

### **Wildlife habitats threatened**

Earth's temperatures in 2015 were the hottest ever recorded (source: NASA). Why does this matter? Because a change of even one degree Fahrenheit – which may sound small – can upset the delicate balance of ecosystems, and affect plants and animals that inhabit them.

As landscapes and habitats literally shift, wildlife must quickly adjust. Experts predict that one-fourth of Earth's species will be headed for extinction by 2050 if the warming trend continues at its current rate.

A recent study by Cambridge University found that by the end of this century, climate change and food demand could shrink most bird, mammal and amphibian habitat ranges by almost 25%.

Defenders of Wildlife published a ground-breaking study in the prestigious journal *Nature Climate Change* in which it found that 99.8% of endangered animals listed on the Endangered Species Act (ESA) are sensitive to climate change.

Agencies tasked with protecting and restoring endangered species only considered climate change a threat to 64% of endangered animals, and planned management actions addressed climate change for only 18% of animals.



Piping Plover by Steven Pinker

One species within that 18% with planned management action that address climate change is the piping plover. These shorebirds nest on beaches and coasts, where they are threatened by flooding, sea-level rise and incursion from invasive species. The species' 2009 five-year review is an example of an

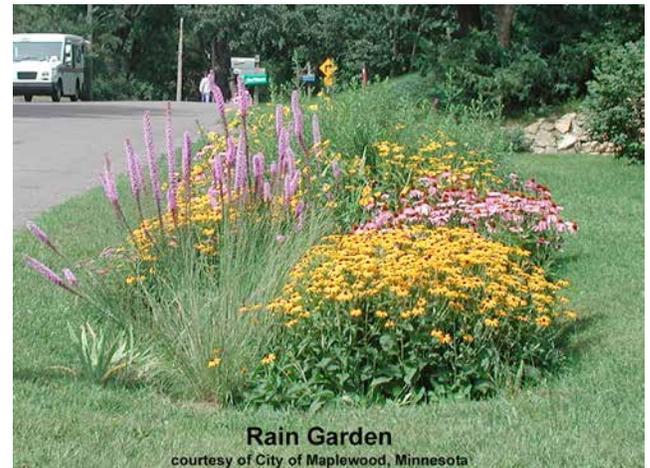
ESA document that effectively lays out this emerging threat and recommending actions to stabilize beaches and to better understand long-term impact.

### **Here's what you can do**

It may feel overwhelming, but there are steps you can take at home, on the road, and at the office to reduce greenhouse gas emissions. For example:

#### **Around your home**

- Plant trees to create natural air filters in our neighborhoods that use carbon dioxide.



- Plant a rain garden or bioswale to allow rain water to slowly filter back into the ground.
- Plant buffers along your backyard streams and ponds; this will help cool temperatures and reduce the amount of polluted runoff from intense storms that reaches the water.
- Plant an edible garden or shop at your farm market. Rely as little as possible on food that is trucked into your community from far away.
- Create a backyard habitat for birds and wildlife.
- Use push or electric mowers. Mow high and let it lie.
- Avoid watering your lawn; if you must, water during the coolest part of the day. Use mulch around planting beds to help preserve moisture.
- Compost and recycle to reduce waste going to landfills.
- Create a rooftop garden to absorb stormwater and reduce runoff.
- Swap pavement, concrete and hardscapes with pervious material - let rain soak into the ground.
- Capture rainwater in a rain barrel and use that for gardens.

*continued next page*

## COMMUNITY NEWS

### Reduce your emissions

- Turn down your heat setting in the winter and turn up your air conditioning setting in the summer.
- Eliminate drafts to reduce overall energy use.
- Buy the highest energy efficient fridges, washing machines, dishwashers you can find.
- Install energy saving bulbs.

### Increase your vehicle's fuel efficiency

- Change your air filter regularly, Get a tune up.
- Don't speed. Use cruise control.
- Don't idle your car engine.
- Inflate tires properly.
- Drive a fuel-efficient, hybrid or electric vehicle.
- If you can, walk or bike instead of driving.
- Car pool and use mass transit.

### Reduce your office paper trail (and save a tree)

- Copy on both sides of the paper.
- Reduce documents to fit two pages onto one.
- Use lighter weight paper.
- Use email, voice mail and faxes instead of mail.
- Eliminate unnecessary subscriptions.
- Recycle.

### Get involved

Join local or state efforts to champion energy efficiency, smart transportation, clean energy, stream restoration and land conservation. Ask your town to get climate change ready by:

- Retrofitting stream crossing culverts to handle more water and enable fish and wildlife to pass.
- Becoming more fuel and energy efficient across all departments.
- Reducing hardscapes and increasing natural stormwater management on town properties.
- Following and joining Sustainable CT (<https://sustainablect.org/>).

You can also join or start a community group to enhance or maintain healthy, diverse natural areas in your town. Those green, natural spaces



Shelton Trail

help keep water and air clean and cool; reduce flooding; provide habitat for native plants and animal; and retain carbon. They provide more ecosystem services per acre than lawns and are more resilient to climate change, too.

**Keep up with what's happening in Hartford**

Upon reviewing a variety of mitigation scenarios that drive down greenhouse gas emissions in the electric, building, and transportation sectors, the Governor's Council on Climate Change (GC3), through consensus, recommended adopting an economy-wide mid-term greenhouse gas emission reduction target of 45 percent below 2001 levels by 2030 which was adopted by the General Assembly in 2018 and signed into law as Public Act 18-82. On September 3, 2019, Governor Ned Lamont issued a new Executive Order No 3 expanding the membership and responsibilities of the GC3; a new draft report on recommended near term actions to advance climate resiliency was issued in December and you can view it at <https://portal.ct.gov/DEEP/Climate-Change/GC3>

### What HVA is doing

HVA is working on multiple fronts to help watershed towns become more climate change resilient, including:

- Helping riverfront communities restore riparian buffers, improve stormwater management and reduce erosion.
- Assessing culverts throughout the watershed, one town at a time and meeting with representatives from the Board of Selectmen, Public Works and Emergency Services as well as other key stakeholders to determine appropriate action and available funding for replacing culverts.
- Working with land conservations across the watershed to protect a connected corridor of core forest from the Hudson Valley to the Berkshires to protect clean water, habitat, migration and carbon sequestration.
- Monitoring stream health and tracking land and water conservation progress around climate change goals.
- Serving on river and land committees of the GC3.
- Helping towns meet Sustainable CT goals through RiverSmart education and community outreach.

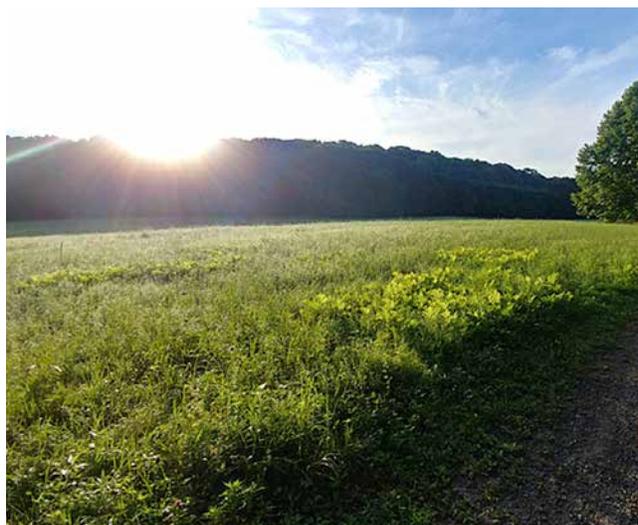
Visit [hvatoday.org](http://hvatoday.org) to find out more, or call HVA at 860-672-6678. ♦



The Housatonic Valley Association (HVA) works to protect the natural character and environmental health of communities throughout the Housatonic River Watershed including Shelton. To learn more, please visit [hvatoday.org](http://hvatoday.org) and sign up for updates. Also follow us on Facebook, Instagram and Twitter.

### Hiking Through a Pandemic

Submitted by Teresa Gallagher, Natural Resource Manager



Early morning along the Shelton Lakes Recreation Path near Huntington Center

#### Hiking Through a Pandemic

There weren't many options for people who wanted to get out of the house during the spring lockdown of 2020. When restaurants, malls, and beaches were ordered closed to slow the spread of Covid-19, one of the only ways to combat cabin fever was to go for a walk. The popularity of hiking trails across the state soared.

With thirty miles of marked trails, Shelton was well-prepared for the surge of people looking to go for a hike. There was just one problem: Most people were walking the Shelton Lakes Recreation Path, also known as the "Rec Path," and it was getting crowded during peak times. Trailhead parking areas near the Dog Park and school campus area spilled over with cars, with people parking up and down Constitution Boulevard. It seemed that the Rec Path was the only trail many people were familiar with. Meanwhile, the other twenty-six miles of hiking trails in Shelton remained relatively quiet.

This scenario played out across Connecticut, and some of the more popular trails and parks became so crowded that they were shut down. Prohibited from using their nearby trails, people had to go elsewhere, and some travelled to Shelton to go for a walk. This only made crowding worse.

#### Shelton's "Out and About" Challenge

Instead of closing down its trails, Shelton offered an "Out and About" challenge designed to encourage people to visit ten of the City's lesser-used trails and open space properties. Three levels of difficulty were created. Level 1 "Sightseeing Turtle" sites were easily accessible scenic areas, while Level 3 "Wandering Goat" sites were the most rocky and remote trails in Shelton. Participants were asked to visit all ten sites in their chosen level, and take a picture at each site with an avatar representing themselves in the photos. Many people chose a toy animal for their avatar. People completing the challenge were sent a reward card and were entered into a drawing for hand-carved walking sticks.



Shelton's "Out & About Challenge" encouraged people to visit specific locations, like this one along the Boehm Pond Trails, and take photos of their chosen avatar at each location.

*"I can't believe it took a pandemic for me to discover that Shelton has such a great trail system."~ Feedback about the Out and About Challenge.*

Locations for Level 1 "Traveling Turtle" included the Shelton Canal and Locks, Eklund Garden, and the Bushinsky Arboretum, a little-known property tended by the nonprofit Shelton Land Conservation Trust.

Level 2 "Traveling Horse" brought participants further down Shelton's more moderate hiking trails, including the trails at Boehm Pond, the Birchbank Mountain chimney, and Basil Brook Falls, located just off the Rec Path.

Level 3 "Wandering Goat" sites were located mostly in the White Hills, including several along the often

## COMMUNITY NEWS

steep and rocky Paugussett Trail between Indian Well State Park and Birchbank Mountain. After a challenging hike over Burritt's Rocks, hikers starting at Indian Well came to the Birchbank Mountain scenic overlook and were rewarded with a view of Lake Housatonic far below.

### Trail Logbook Records Pandemic History

There is a wooden box bolted to a tree next to a scenic overlook at Birchbank Mountain along the Paugussett Trail. Inside the box, known as a "trail register," is a simple logbook where hikers can jot down notes for other hikers to read. The logbook has become a sort of historical record of the pandemic.



is a simple logbook where hikers can jot down notes for other hikers to read. The logbook has become a sort of historical record of the pandemic.

Prior to pandemic, there are sporadic entries from winter hikers. When the state goes into lockdown, coinciding with warmer spring weather, the

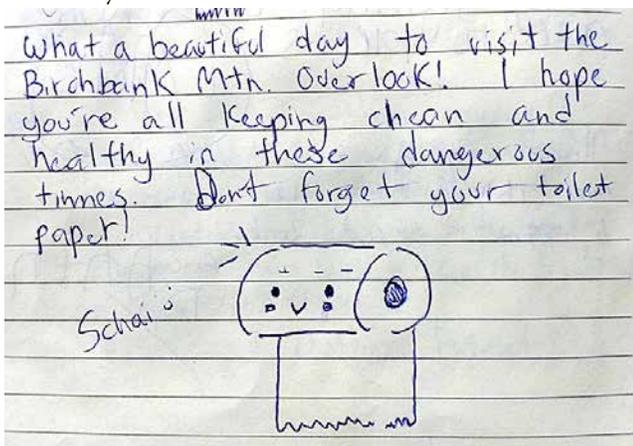
number of entries rose sharply. And the entries tell a story as the pandemic unfolds.

~ "Quarantined for the Covid 19 pandemic. The only thing we can do is hike! We've gone 43 miles in the past week ~ Nichole & Katie."

~ "Day 1 - Covid-19 no school for kids so we went on a hike. Grateful to spend this time with my family. Love them all to pieces."

~ "Help. My family is trying to kill me. They've made me hike up this trail to sign a stupid book."

~ "4/11/20 I don't know what to think anymore. Who to trust. The zombies have overtaken NYC and are moving into CT as I write. The army is traveling to ground zero. Goodbye."



### Caring for the Trails

Shelton's 30-mile trail system is maintained by volunteers under the auspices of the Shelton Trails Committee. During the height of the shutdown, when the trails were buzzing with Covid hikers, the Trails Committee members did not meet or hold work parties. Problem spots were addressed by individuals on the Committee or the City's Natural Resource Manager, but routine trail maintenance was suspended until mid-July.



Volunteers Terry Gallagher and Mark Vollaro after Storm Isaias

No sooner had work parties commenced, when Tropical Storm Isaias struck, dropping trees and scattering debris across thirty miles of trails. Volunteers responded immediately, and in less than a week all eleven miles of the Shelton Lakes trail system were cleared, including parts that had to be raked or blown due to the volume of debris on the tread.

Shelton's Trail Monitors were a big help. Trail Monitors walk a particular trail routinely and let us know if there are any problems. Some Trail Monitors take it a step further and actively work on clearing their trail or picking up litter. After the storm, our Trail Monitors gave us storm damage reports and started the cleanup process by removing sticks and branches off of the trail.

The Shelton Trails Committee holds work parties on the second and fourth Saturday morning of each month and is looking for volunteers to help keep the trails clear. No registration required. The Committee is also looking for Trail Monitors. Visit [sheltonconservation.org/trails](https://sheltonconservation.org/trails) for more information or contact the Natural Resource Manager at [conservation@cityofshelton.org](mailto:conservation@cityofshelton.org). ♦

### Lanna Thai Authentic Thai Cuisine Comes to Shelton

The City of Shelton continues to prosper even throughout a pandemic, and it is obvious with new and existing businesses choosing to open and/or stay in Shelton.

In September of 2019, Lanna Thai opened its doors at 495 River Road offering authentic Thai cuisine. Owner Sonnaly Inthisone brings to Shelton many delicious dishes common to her native country of Laos.

Some of the popular dishes include Curry Puffs, Wonton Pad Thai, Sriracha Fried Rice, Thai Hot Pot to name just a few. Lunch specials are also offered and catering is as well.

The restaurant offers inside dining with Covid protocols in place along with take-out. The restaurant is open Tuesday, Wednesday and Thursday from 11:00 AM until 9:00 PM and Friday and Saturday from 11:00 AM until 10:00 PM and Sunday from 4:00 PM until 9:00 PM.

Patrons are welcome to bring in their own choice of alcohol since the restaurant does not have a liquor license.



Owner Sonnaly Inthisone

The owners look forward to meeting you. For further information, Lanna Thai can be reached at (475) 269-5463. ♦

### Downtown Beautification

Ruth Fririhio, a Shelton resident, always wanted to do something to beautify downtown. She began to research planters and floral arrangements that could be easily maintained and placed on each corner of Howe Avenue. When a plan was formulated and proposed to the city, Mayor Lauretti wholeheartedly gave permission to go ahead with the project.

In June 2020 Ruth and friends started with four planters with the hope of adding additional planters every year. The summer planters looked great and were well received with the fall arrangements following. The winter/holiday season allowed for even more creativity. It was a project that brought some brightness in this very dark year of 2020.

The hope is to continue with these planters and to allow for the public to become involved as well. Ruth acknowledges Wells Hollow Farm has been very generous in guiding the process and also sponsored two planters.

It is a team effort, and Ruth acknowledges the city administration, the Parks and Recreation department and her dedicated volunteers – Pat Geissler, Karen McGovern, Clarence Arsenault and

Stan Gorlo. If you would like to get involved, please feel free to contact Ruth Fririhio at (203) 513-1850. ♦



## Best of Connecticut 2020

### Congratulations to Our Own Shelton Businesses



#### Jewelry Maker

**Marks of Design, Shelton**  
389 Bridgeport Avenue, Suite 103

For something truly custom, Connecticut residents have been counting on jeweler Kathleen McNichols-Marks since 1985. The gemologist and goldsmith has hand selected everything in the store and also designs and produces custom “wearable art.” McNichols-Marks can craft a special piece featuring your choice of gemstones. From engagement rings to milestone gifts and luxury watches, you can find luxe jewelry at an array of price points. Call 203-924-0030 or visit [marksdesign.com](http://marksdesign.com).



#### Pet Salon/Boutique

**What the Pup, Shelton**

Housed in downtown Shelton at 165 Center Street, What The Pup operates on a mainly cage-free format. Owner and stylist, Jenna Intelisano-Lupo, has been grooming for about 20 years, and she has experience as a veterinarian technician. Intelisano-Lupo is always adding new gifts and furry friends for animal lovers into the pet boutique. Shop locally made pet-odor candles and a selection of yummy treats. 203-513-8153, [facebook.com/whatthepupsheltonct](https://facebook.com/whatthepupsheltonct). ♦

### Shelton's Past Citizens Old White Hills: Uncle Harold and His Antics

*As told by Guy Beardsley, Chairman of the Citizens Advisory Board and owner of Guy's Eco Garden*

My Uncle Harold served in the World War I Army and after serving in the war, stayed in the Army National Guard. By the time I was old enough to know what was going on (mid 1930s), he was a captain and commander of the machine gun company in the 102nd Regiment stationed in the Ansonia Armory. Uncle Harold was also Shelton's Judge of Probate and sold insurance at his Main Street Derby office. In addition, he helped form the Sutter-Terlizzi American Legion Post #16 as a charter member and rode his horse with his company in the annual Derby-Shelton Memorial Day Parade.

Uncle Harold was quite a fellow and a respected citizen – well maybe! Backtracking a little...before he became my uncle, Harold A. Thompson was the son of the only Buick automobile dealer in the Valley. Every year he would gather other gentlemen and take a train ride to Detroit. There they picked up new Buicks and drove them back to the dealership in Derby. My father was a bachelor at the time, and called it "a high old time."

Digressing a bit... in his earlier years Harold was quite a socialite and took a liking to Jeanette Beardsley, my aunt. They spent so much time together that my grandfather, Clark Beardsley, told him, "Harold, are you going to marry Jeanette or not? If not, then I don't want to see you around here anymore." They soon got married.

Back to the story...when Prohibition started in the 1920s, Uncle Harold traveled daily from White Hills to his Derby insurance office. He found it convenient and profitable to stop off at Warren Hubbell's and pick up a case of milk bottles. Now these glass milk bottles were unique in that they were painted white to hide the true contents: probably the best cider brandy available in White Hills (according to my father). This was a great, if not illegal, side business for my uncle until one winter day when he slipped on the ice and broke the bottles, spilling the cider brandy on the sidewalk. At that moment two local ladies very much involved in the spirit of Prohibition, were passing by and quickly sized up the



This old photo, taken in 1940, shows Guy Beardsley and his cousin John Brewster target practicing on the range in the hayfield, under Uncle Harold's guidance. The field is now an apple orchard for Beardsley Cider Mill.

situation, acclaiming, "Judge Thompson, what have you done!?" These citizens took matters into their own hands, reported the event, and Uncle Harold had to give up his Probate judgeship. However, he was able to keep his captainship in the National Guard. The episode was quietly forgotten in the exuberance of the Roaring Twenties.

One additional item: Uncle Harold set up a shooting range in his basement and in an adjacent hay field, using a large boilerplate as a bullet back stop. This boilerplate would stop pistol bullets but not Army rifle bullets. At first, Uncle Harold did not know this, but one day while shooting pistols, he thought he would also shoot his Army rifle. Next-door neighbor Jimmy Curtiss used to pasture his young stock (heifers) in the field behind the back-stop. Those Army rifle bullets went right through the boilerplate and struck a heifer. According to Jimmy, that heifer was one of his best cows, and Jimmy expected great milk production from her.

Consequently, Uncle Harold paid a handsome price for that mishap and didn't conduct rifle practice, at least with his M1 Army rifle, in that field ever again!

Life certainly has changed. ♦

*Stay tuned for more stories from our own Guy Beardsley on a different White Hills uncle.*

LOCAL BUSINESSES

# The Shelton Dairy and Farm

*Recently, Rudy Hudak, owner of the Shelton Dairy and Farm, passed away. The farm sits on the city's historic Birdseye Road off of Route 110 and Soundview Avenue, and dates back to the mid-1700s. A portion of the original farmhouse still stands (circa 1747) and was added onto through the centuries. Several of Shelton's founding families have owned the land over the years. The editors thought the history of this farm was very interesting.*

John Hudak, a Czech immigrant, was hired as a farmhand in the 1930s for the original Shelton family. Soon after, John and his wife, Mary (Rajchula), took over the dairy farm and started a milk route. The milk was delivered in a lightly faded navy-blue truck affectionately called "the Blue Goose".

John and Mary had two children, Rudy and Lillian. Both Rudy and Lillian were some of the last kids to go to the "One Room Schoolhouse" in White Hills which is now home to the White Hills Rec Center across the street from the White Hills Fire Co. #5. Rudy went on to graduate from the UCONN Agriculture College in the 1950s, and Lillian pursued an education in teaching. Rudy officially purchased the farm in 1958 and kept the name of the Shelton Dairy. Lillian went on to become an elementary school teacher at Elizabeth Shelton School. (Note: Lillian graduated from Shelton High School as the Valedictorian of her SHS class!)

In the fall they would have to move the huge herd of cows from Maple Avenue (that runs along the White Hills Shopping Center) and drive all the cows up the hill known as Route 110.



Route 110 was a rural road back then lined with farms, so it wasn't unusual in the fall for the Hudak family to herd the cows. This occurrence happened in the late 1940s.

Rudy married Roberta Could and lived and maintained the farm his whole life. He operated the dairy until the mid-90s and loved owning his farm and working and tinkering on his tractors and equipment. Once retired,

he sold the milking cows. However, Rudy continued to work the land. Today, Stone Gardens Farm raises



their beef cows and grows their crops on this land. Rudy and Roberta's daughter, Karen Hudak McGuire, and her family plan to continue to run the farm as long as they can.

Lillian married Zenny Pawlowski, a Shelton cop, who became a Fitzpatrick's Jeep/Chrysler auto salesman, and they lived in the original Shelton family homestead across from Pumpkinseed Hill. Lillian and Zenny had two sons, Robert and John. Their son, Bob, worked for his Uncle Rudy at the Shelton Dairy. He then became the owner of a very successful soybean farm in Verona, New York. Their other son, John, is an engineer and lives near Pumpkinseed Hill.

This bit of history of our community is so important to document. It seems like it was so long ago... but was it really?

Note: Today, a scholarship is awarded by the Valley Community Foundation in Lillian Pawlowski's honor to a SHS student every graduation in June. [www.valleyfoundation.org](http://www.valleyfoundation.org) ♦



### Billy D's Full Belly Deli The Legacy Lives On



Billy DiStasio

After 30 years in business as the owner of Billy D's Full Belly Deli, Billy DiStasio, has finally decided it is time to retire. Billy chose to open a business in Shelton for its location mostly with access to Route 8. A short time after the business was established, Billy moved his family from Bridgeport to Shelton.

With Billy's wife, Sally, by his side, the idea of opening a business became a real-



ity. Their daughters, Amy and Cara, gave the business its name.

When Billy first opened Billy D's Full Belly Deli, it was an empty building. But not too long thereafter the once empty building was filling up with customers. Hidden near Pioneer Propane and across from the Ice Cream Shoppe on Bridgeport Avenue, you would find cars coming and going as they picked up their orders. Opened from 6:00 AM until Noon, Billy has been up at the crack of dawn preparing breakfast for his loyal customers six days a week for the past 30 years.



With a large steady customer base, Billy can certainly say that he succeeded his goal offering everything from breakfast sandwiches to lunch. But now it is time to move on and the business will continue under new ownership. Billy and his family only wish them the best.

"I have met some of the greatest customers over the years who have become wonderful friends. I will forever be grateful to the people I have met throughout the years. Always remember to start your day the Billy D. Way!" stated Billy.

We wish Billy much success upon his retirement! ♦

*The Billy D legacy of great food at affordable prices lives on with new owners Julian Sobin, Tiffany Jorge and Aj Jorge.*

## Just when you plan... at Plumb Memorial Library

“Unprecedented” is a word that is getting more use in 2020 than perhaps at any time since the Spanish Flu of 1918, and its use is entirely accurate. Never before have our lives changed so completely as during the spring of 2020.

And that certainly has been true for our libraries in Shelton. At the Plumb Memorial, the Children’s Department renovation had just been completed and opened to the public for only a week when the city had to close both libraries, along with all other town departments and schools.

All part-time and some full-time staff were let go when the libraries closed, but some full-time staff remain, along with Maura Gualtiere, Plumb’s Children’s Programmer, who will be Plumb’s new Children’s Librarian when the libraries reopen.

So, how can libraries serve the public when the physical building is closed? It has been a challenge, but it has been a problem the staff has worked hard to solve.

When people think of what a library does, the mission is threefold: (1) To provide materials: books, DVDs, magazines and music for entertainment and information. Fortunately, what wasn’t available during the Spanish Flu is accessible today. Patrons can stream and download through the library website ([www.sheltonlibrarysystem.org](http://www.sheltonlibrarysystem.org)) thousands of books and digital material with a Shelton library card. (2) To provide information - and again, even if the building is closed, technology comes to the rescue. A special email account has been set up ([sheltonlibraryquestions@gmail.com](mailto:sheltonlibraryquestions@gmail.com)) to answer reference questions or to provide library information; as an example, renewing a library card. And (3) To provide programming. While so much of the programming had to stop with the closure of the physical buildings from Tai Chi classes to computer instruction to storytimes, Zoom programming has been offered for children and teens.

Since the beginning of June the book drops have been opened at the Plumb Memorial and Huntington branch for books to be returned. To date, approximately 10,000 books and materials were checked out and are being returned. The books are quarantined for 72 hours and then checked in. Donations are not being encouraged at this time.

Curbside pickup was also offered at Plumb Library from 10-2. Monday - Thursday for any books, DVDs or music for check out. Patrons just had email the staff at [plumbcurbsidepickup@gmail.com](mailto:plumbcurbsidepickup@gmail.com) or request books through the library website. When the items were available, a staff member would walk them to a patron’s car. This process has been very successful, and it is anticipated will continue again in some form until the libraries are fully able to reopen.\*

At this time, libraries throughout the state are working hard to get ready to reopen. Each library and set of circumstance is different, and rules at one library will not apply to another. One thing that is certain is that upon reopening, the library buildings will look much different. State protocols will be in place to keep patrons and staff safe.

All furniture is six feet apart, Plexiglas is in place around work stations, sanitation stations are up at both entrances and masks will be required for all people in the building. Library services will be introduced slowly, from public computers begin used, to programs onsite as the situation changes and time goes by.

It isn’t the libraries we are used to, but it is the way we have to operate now. Staff has truly missed library patrons and look forward to the day they can reopen with all library operations up and running. Take advantage of the online databases and let the staff know how they can help! They look forward to seeing you soon! ♦

***\*Update: The library has been closed since the beginning of January due to Covid. The administration has approved limited reopening of the Library on February 16, 2021.***



### Rogi's Pierogis Offering Authentic Polish Food

The Rogi Shoppe, located at 55 Bridge Street, is a one-of-a-kind place offering authentic homemade pierogis based on recipes the owners have had in their families for centuries, true traditional Polish cuisine. Owners Mateusz and Ela Nogas are happy to have a store in downtown where people are returning to live and shop.

Native to Poland, it all started with sharing their homemade pierogis with family and friends who inspired them to turn their love of cooking into a business. After some convincing the owners agreed "What is better than doing something that you love and make others happy at the same time?" In 2014 a food truck was purchased, and they began selling pierogies out of it; which turned out to be a great success.

Ela (Mom) always made her own pierogies just like her mother taught her and that magic was passed on to her son, Mateusz.

Pierogis originated in Eastern Europe and their history stretches over hundreds of years. But it takes that certain recipe to make them just perfect. Ela believes her recipe is one of the best. They are made with a light, thin dough that is substantial enough to hold the filling without dominating the whole dumpling. The fillings are made with fresh, high quality vegetables, cheeses and free-range meat, all seasoned with their own mix of cracked pepper, salt and light spices to accentuate the flavors. They are served with a wide variety of accompaniments



Owners Mateusz and Ela Nogas

such as sauteed onions, smooth sour cream or crispy bacon crumbles.

The store is open from 11:30 AM until 8:00 PM on Tuesday through Saturday and closed Sunday and Monday.

For further information you can visit their website at [therogishoppe.com](http://therogishoppe.com) or call (203) 513-8838. ♦



## Tangible Analytics Consulting Celebrates 2-Year Anniversary and New Office Location



Bryan Tamburrino

Tangible Analytics Consulting, offering customer data solutions, opened its headquarters at 415 Howe Avenue, downtown Shelton in 2019 and continues operations at this location. Bryan Tamburrino, MSBA, has been the founder and lead analyst of Tangible since September of 2017, and as the company grows, Bryan has led Tangible into the

government consulting space as well as continuing to provide service to nonprofit and growing businesses.

On Friday November 1, 2019 Bryan invited members of the business community, friends and family to Tangible's grand opening celebration and formal ribbon-cutting ceremony. The event was attended by roughly 30 guests including John Anglace, President of the Board of Aldermen, and Bill Purcell, President of the Valley Chamber of Commerce.

The company's goal is to solve the critical issues faced by organizations through their services and work with clients to build "business-specific" data-



driven strategy to businesses internationally and government agencies such as client, DeCA.

Along with team members and local strategic partnerships, Tangible has improved much of its business processes and service offerings by partnering with ZOHO and Microsoft in an effort to provide user-friendly and fully-automated data storage and reporting.

In addition to providing high-quality information for businesses, nonprofits and government agencies, Tangible also offers grant preparation services and assistance with fundraising for municipal or nonprofit projects or community-related missions. Bryan also recently became a certified writer of Small City Development Block grants.

Bryan stated "There is no better time for businesses to take advantage of data modeling than now. The goal is to provide owners of small businesses

with access to corporate methods of growth. Interpreting data and driving strategy is the keystone to that arch which we pass through to a more profitable future."

In addition to operating the business, Bryan is an active member of the Greater Valley Chamber of Commerce, the New Haven Chamber of Commerce along with other organizations and councils such as the FUEL and the Valley United Way.

Visit [www.tangibleconsult.com](http://www.tangibleconsult.com) or contact Bryan at (203) 954-5121 to found out more about how you can take advantage of these services. ♦



TANGIBLE's ribbon cutting ceremony hosted at its new location

### Being Shelton Strong in COVID Times Reflections from the Shelton Public Schools Team

**Chairman of the Board of Education, Kathy Yolish:**

As the Chairman of the Board of Education, this pandemic has upended education as we know it, but it has not upended our dedicated and talented team of Shelton Public Schools employees. Every effort has been made to keep our schools functioning like a well-tuned machine. Although there have been challenges and obstacles that have been placed in our educational pathway, the Board and I are immensely proud in how each person stayed focused and determined to work together with optimism, goodwill and mutual support. The top priority has been and continues to be our most cherished treasures-our children. Though the year continues to be quite different and filled with anxiety, we are Shelton Strong, and we will do what needs to be done one day at a time with the overall goal of educating our students in the safest and best way possible. The following reflections indicate how COVID-19 has affected everyone: a student, a classroom teacher, a secretary, a principal and Central Office leadership.

**Superintendent of Schools, Ken Saranich:**

During this time of the pandemic, many aspects of our lives have changed. Although these alterations may have impacted us in many ways, as a Superintendent of Schools, I like to focus on how we have taken our current situation as an opportunity to improve our daily practice in education. As part of our role as instructional leaders, there are many times we need to spend in meetings discussing how to address the needs of our students. Using technology, we can continue communicating in a more effective and efficient manner while remaining socially distanced. Virtual meetings have improved our ability to communicate. Using cameras other than phones, we have improved our ability in understanding each other through face-to-face communication as opposed to conference phone calls. This more effective communication has increased our ability to reach out to various people no matter the distance. As the world becomes more isolated during this time, effective virtual communication has brought the educational world closer together. What normally took considerable time away from our day spent

away from buildings and time wasted on travel, is now being spent addressing immediate needs of our students and families in the school community by allowing staff to remain onsite and minimizing time away.

**Chief of Staff/Director of Human Resources, Carole Pannozzo:**

Imagine a crisis that forces your organization's employees to change the way they work almost overnight! That is the situation we faced in March 2020. It wasn't the least bit easy, and we are still learning each day about the challenges our employees face both in their work and personal lives regarding the COVID-19 pandemic.

The role of the Chief of Staff has been a balancing act during the last 12 months, picture a gymnast on a balance beam, trying to keep the needs of the School District and employees' well-being in perfect harmony. In addition to learning about new federal and state legislation such as the Families First Coronavirus Response Act, (FFCRA), Human Resources staff have endeavored to listen to employees and respond to concerns about well-being, we have provided consistent and transparent communication to employees, updating policies and procedures as necessary, we have focused on our employees' mental health and well-being by providing remote access to a health-care coach, providing links to valuable external informational sources and providing multiple webinars developed by CIGNA, our health-insurance provider, about ways to reduce stress and anxiety, even offering remote yoga sessions. Additionally, administration has worked with Union leaders to negotiate favorable employee-based policies that address employee well-being and safety. Perhaps one of the most important resources we have provided employees is the creation of the COVID-19 Liaison position, currently our School Nurse Supervisor is serving in this role. She has developed a detailed website filled with COVID-19 information and provided invaluable guidance and insight for employees and administration.

My school district administrative tenure spans

*continued next page*

## SCHOOL NEWS

the last 24 years. I have experienced 9/11, the Sandy Hook tragedies and now the COVID-19—all being equally tragic and impactful. However, a light at the end of the tunnel is flashing, and I remain hopeful. Our focus is now assisting SPS employees to access vaccine information, providing them with knowledge and support about the vaccination process. I am looking ahead to a new normality, welcoming its arrival with open arms.

**Director of Curriculum, Instruction and Data Management K-12, Kristen Santilli:**

As the Director of Curriculum and Instruction K-12, my task during the pandemic has been to support administrators and teachers to navigate and teach from a distance. My role quickly shifted to support teachers to see that their instructional practices did not need to change, yet the method of delivery needed change. I needed to focus on teacher training in a new way of delivering instruction. Teachers required training in ways to motivate and engage students, to address the loss of hands-on learning opportunities, and to assess and support students' social and emotional well-being. While the focus on the whole child education was not new, now more than ever our teachers recognize the importance of embracing social emotional learning. Personal relationships matter to kids, including relationships with their peers and teachers and this has been a high priority. Looking forward, we have learned valuable lessons from the pandemic including the use of technology, innovative teaching practices and the power of relationship building.

**Long Hill School Principal, Andrea D'Aiuto:**

In reflecting on the past months of this pandemic, even though I have been an administrator for five years, I truly believe that every principal is like a first-year administrator with the onset of COVID-19. As a principal, my role has changed in so many ways. Health and safety have always been important to me as a principal but during this pandemic it looks so different. Many hours a day are spent at looking at our mitigation strategies and ensuring that we are creating the safest environment possible for our staff and students. Social emotional learning and thinking about the whole child has always been a top priority but during this time it has really come to a forefront for me and my staff. Of key importance is to check in with our students, whether they are in person or

a distant learner, and to make sure that we embrace their social emotional needs. Visiting classrooms is easy for me to do to check in with our in-person students but I knew that I needed to do more for the distance learners. I began holding virtual Snack Chats with distance learners to check in on them and see how they were doing. One of the biggest priorities for me as the principal was to keep connected with my students and their families whether we were physically in the building or not. We have learned how to adapt and adjust to a virtual world and have used this plan to hold our first ever Virtual Family Night. Many of our LHS families joined us for a Winter Wonder event. While it was much different from an in-person family night, it was still a great way to engage and interact with our families.

**Former Science Teacher and newly appointed Supervisor of Teaching & Learning 7-12, Ernestina Xavier:**

As teachers, being adept to adjusting to circumstances beyond our control is part of our job description, however adapting all that we know amidst worldwide pandemic is something none of us could have ever imagined. When schools shut down last March, there was an expedited need to learn how to deliver effective and meaningful instruction in a COVID world. Teachers banded together to collaborate with one another and share new remote learning ideas and practices. Along with the challenges encountered, many lessons were learned from our teaching experiences last Spring. It became quite clear that this pandemic not only changed schooling as we knew it but more importantly it brought a sense of urgency for improvement in instructional practices in schools everywhere. In less than a year, teachers have significantly increased their knowledge and use of the latest technological resources. We have empowered and challenged ourselves to explore new and innovative strategies to keep our students engaged and learning. Whether it be through live streaming, recorded lessons, virtual platforms for collaborative group work, or interactive presentations to monitor real-time learning, we have persevered in trying to keep things normal in a not so "normal" world. So, as we continue to make history as the teachers who taught during the pandemic of 2020, one thing remains unchanged. Teachers are doing what we have always done: TEACHING! And while

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# SHELTON COMMUNITY & BUSINESS NEWS

## SCHOOL NEWS

*Covid, continued from pg. 24*

some of us have reluctantly stepped out of our comfort zone, we are doing it! Because that is how progress is made. Soon this pandemic will be a part of our past, but we will have built a stronger and better future for our students.

### **Former Booth Hill Secretary and newly appointed Administrative Assistant to the Superintendent, Lori McKeon:**

As a secretary in an elementary school, the changes this year due to COVID-19 have been both amazing and challenging in the world of educating children. Parents, teachers, and staff members have embraced and increased understanding of technology and have learned the importance of compassion, flexibility, and patience. We are all at the mercy of technology and secretaries have been adjusting to not only assist parents with schedule changes, but with logging on to systems and retrieving schoolwork. When you look at education and how it had to change due to the pandemic, I believe it helped build stronger relationships. Communication improved and was more frequent between parents and teachers and parents and office staff. We realize that we are all in this together and working with our parents as partners in helping our students to succeed is a great asset to our community.

### **A Shelton High School Student's Perspective:**

Since the pandemic started school has completely changed. It has not always been easy. We miss our



friends, and we miss our teachers, but in some ways our education has been better. Recently the district has provided all students at SHS with chrome books. This access to technology has improved our education. With the use of our chrome books, we can continue our education outside the school building and complete all our assignments easier than with paper assignments. Communication with our teachers is better. Through the use of our chrome books, contacting teachers has become very easy. While we cannot be

in-person with our teachers, it is great to see them and interact with them in real time through Google Meets and other ways. Although the change to distance learning has been made for our safety, it is also preparing us for a future in the digital world where we feel we will be successful for college and the workplace. We appreciate that the school system has made awesome improvements to meet our needs in education through technology. In general, times are challenging for teens during the pandemic. We hope we can soon have the activities and school events that we are missing with our friends. ♦



## 2021–A New Year–A Reorganization of Shelton Public Schools Central Office

When Ken Saranich was selected unanimously as the Superintendent of Shelton Public Schools, he surveyed the Board Members to identify their top priorities for him to focus on. Of course, student safety in these times of COVID-19 and student success were the obvious concerns. Another priority was to look for ways to consolidate and streamline services as well as reorganize Central Office without filling the Assistant Superintendent position as well as other positions.

Please meet the following people who are now part of the Shelton Public Schools Reorganization Team:

**Kenneth Saranich**, newly appointed Superintendent



of Schools, is now at the helm. He began his career in education as a Social Studies/History teacher (grades 4-8) and Curriculum Leader in the Trumbull School System. Following that Ken moved on to the Milford School system where he served as an Assistant Principal and later the Principal at Harborside Middle School. He was encouraged by a Shelton principal to apply for the Shelton Intermediate School administrative opening and served in that position until becoming Assistant Superintendent. Ken, his wife Tara and three children have resided in Shelton for over 20 years.

**Carole Panno**, Shelton's Human Resource



Director and newly entitled Chief of Staff, has been working in Shelton for nine years. Her background includes eight years of teaching English (grades 7-12) and 15 years in Human Resources in Bridgeport Public Schools. Prior to that Carole worked as an HR Representative for Derby Savings Bank. Carole has thorough knowledge of school district operations, recruitment and hiring of personnel, contract negotiations, budgeting and labor law. She has been a resident of Shelton for 37 years and raised three children.

**Kristen Santilli** is the new Director of Curriculum, Instruction and Data Management. She brings a strong background in Reading, Special Education and



Administration to the position. Prior to working in Shelton as a Supervisor of Literacy and principal of both Long Hill School and Mohegan School, Kristen began her career in New York as a Special Education teacher. She served as a second grade teacher and reading consultant in Easton and then moved to become a Language Arts Consultant in Fairfield. Kristen soon served as an Assistant Principal in both Wilton and Norwalk Public Schools. Kristen resides in Shelton with her husband Tony and two children. In serving in this new position, Kristen is most excited to work to move the district's curriculum forward and carry out the school district's initiatives.

**Tina Xavier** began her career in education in the



Hamden School System where she taught Science at Hamden High School and Life Science, Earth Science, and Physical Science in grades 7 & 8. She also served as an Administrative Intern at Hamden Middle School. Tina came to Shelton in 2014 as a Science teacher, member of the Leadership Team as well as the Curriculum Leader for the Science department. In 2019 she became Dean of Students at Shelton Intermediate School. Central Office Leadership is proud to have Tina join them as Supervisor of Teaching & Learning for grades 7-12. She will be responsible for monitoring the development, implementation and ongoing modification of curriculum for grades 7-12. Tina is a resident of Shelton and has two children educated in Shelton Public Schools.



Although **Lori McKeon** is not a part of the superintendent's Reorganization Plan, she is new to the position of Administrative Assistant to the Superintendent and Board of Education, replacing Diane Luther. Lori has a Bachelor of Arts in Communication Studies and worked as a Product Coordinator for Defined Contributions and Defined

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### Great Strides Made in Downtown

Shelton's Downtown District has experienced some tumultuous times over the last several decades, starting with the BF Goodrich fire. The 1973 – 1975 recession generally hit manufacturing communities rather hard as pressures due to a myriad of issues including increasing international competition for manufacturing jobs and goods, high oil prices, inflation, unemployment and mortgage rates which topped off at an average of 11.50% by the late '70s. Shelton was not immune to the economic fallout. The arson fire of the BF Goodrich Plant on March 1, 1975 sealed downtown's fate.



BF Goodrich Plant March 1975

The '80s ushered in a new era of growth as multiple residential developments took root in White Hills and Huntington. The expansion of Route 8 along with the re-zoning and reconstruction of the old Route 8, which everyone now knows as Bridgeport Avenue, led to significant new office, retail and commercial development. All the while Shelton's downtown was left out of the great economic expansion.

This is not to say that nothing was done or that nobody cared about downtown. Many individuals and many entities sought to re-energize, reorganize and invigorate downtown development. The City invested in new streetscapes such as sidewalks and trees, while merchant groups such as the Downtown Business Association established programs such as Shelton Day in an effort to re-introduce Shelton citizens to downtown. The Shelton Economic Development Corporation, which was established in 1983, commissioned numerous plans and studies designed to encourage growth and development in downtown.

By the mid 1990s Mayor Mark A. Lauretti and the Shelton Economic Development Corporation hit on a new exciting venture named the Shelton Enterprise and Commerce Park Plan, which focused on the brownfield's redevelopment of the BF Goodrich site, now known as the Veterans Memorial Park. Through support of the city's longtime State Representative Richard Belden, Governor John Rowland, the downtown Citizens Advisory Board, and a committed administration led by Mayor Lauretti and the city's Board of Aldermen, the community embarked on the great economic comeback.



Veterans War Memorial

Over the last 25 years, the City and the Shelton Economic Development Corporation completed a systematic brownfields remediation of 17 properties along Canal Street bordering the Housatonic River. Throughout this endeavor many public improvements were also completed including the reconstruction of Canal Street, the establishment of the Veterans Memorial Park and the Housatonic Riverwalk, the construction of the Shelton Farm and Public Market, as well as the installation of the Rotary Pavilion and the War Memorials. All of this effort has helped to transform the downtown into a family-friendly and inviting place to live, shop and work.

While residential developments along Canal Street such as the Avalon Apartments and Birmingham Condominiums were pioneers in the great rebirth, Angelo Melisi, developer of Bridge Street Commons showed everyone that private development along Howe Avenue was possible. After leasing out 48

*continued next page*

## COMMUNITY NEWS

residential units in less than 90 days and attracting numerous private businesses filling the commercial spaces, other developers were encouraged to join in on the new economic expansion.

Since 2018 there have been six development projects which have either been completed or initiated by local developers. These private investments total an estimated \$59,500,000, have created 492 residential units and 24 commercial units in the city's downtown while generating over \$800,000 in real estate taxes.

Like the downtown itself, each of the following projects have their own unique characteristics. Perhaps the best way to describe the downtown lifestyle is best said by the developer of Cedar Village at Carroll's, Don Stanziele " Where you live, is where you come alive in an area flourishing with history, nature, and possibility." ♦

Project Location	Status	Type	Residential Units	Commercial Units	Investment Estimates
502 Howe Avenue	Construction	Mixed Use	56	2	\$8,000,000
427 Howe Avenue	Construction	Mixed Use	72	2	\$14,000,000
320 Howe Avenue-Phase I	Complete	Mixed Use	63	5	\$8,000,000
50 Bridge Street	Complete	Mixed Use	48	4	\$9,500,000
6 Bridge Street	Complete	Residential	47	0	\$8,000,000
223 Canal Street	Construction	Residential	68	0	\$12,000,000
<b>Estimated Tax Revenue - \$800,000</b>		<b>Total</b>	<b>492</b>	<b>24</b>	<b>\$59,500,000</b>



320 Howe Avenue, Cedar Village at Carroll's 63 Residential Units and five Commercial Units



502 Howe Avenue, 502 on Howe – 56 Residential Units and two Commercial Units



427 Howe Avenue, Bridge Street Commons II 72 Residential Units and two Commercial Units



Six Bridge Street, Canal Street Lofts - 47 Residential Units



### *Offering Latin Fusion Cuisine*

BREEZE Latin Fusion Cuisine is breathing life back into 470 Howe Avenue. For those that may remember, this historic building in downtown Shelton served many purposes over the years including City Hall, the Echo Hose Hook & Ladder Fire Department, the City of Shelton's Police Department, and the City Court. During the 1940s it was also home to the Civil Defense Headquarters and later the Naugatuck Valley Health District. For many years, however, the building remained vacant.

Until a group of four friends decided to fulfill their dreams and share their Latin culture with the Shelton community. On October 16, 2019 BREEZE opened on Howe Avenue thinking it was the right time to add such a restaurant to the burgeoning nightlife and activity in downtown Shelton. Everything was falling into place until, of course, COVID-19. The restaurant as is the case with so many businesses came to a halt. The owners weren't sure if they could sustain, however, loyal customers encouraged them to hang in. They had to reconfigure their newly-renovated interior, which retains some of



Owners Robert James and Milton Aquil

the building's historic charm, and work within state-imposed guidelines. Slow and steady the restaurant stayed open and with vaccines being administered, the owners are hopeful there may be some light at the end of the tunnel.

With a full-service bar and a spacious area for dining, patrons can enjoy a relaxing atmosphere while sampling

authentic Latin cuisine. Some items on the menu are Breeze Shrimp Cazuela, Seafood Paella, Lomo Saltado (pepper steak) as well as salads, appetizers and tapas. It is the plan to again offer brunch on Saturday and Sundays from 11:00 AM until 3:00 PM along with specials and future events such as salsa dancing.

The restaurant is open from Monday through Thursday 11:00 AM until 9:00 PM; Fridays and Saturdays from 11:00 AM until 10:00 PM and Sunday from 11:00

AM until 9:00 PM. For further information you can visit their website at [breezecuisine.com](http://breezecuisine.com) or call ahead at (475) 269-5081.

People now have many options for dining, and it is the hope that BREEZE becomes a destination for many. ♦



# Community Calendar

## PARKS & RECREATION

### Community Center Hours:

Monday-Friday 6:30 am - 9:30 pm

Saturday 7:30 am - 3:30 pm

### Pool Hours:

Monday-Friday 6:00 am - 8:45 pm

Sunday 8:00 am - 3:30 pm

Saturday 7:30 am - 3:30 pm

Information is posted on the city website: [www.cityofshelton.org](http://www.cityofshelton.org),

Information/Cancellation Hotline 203-331-4120.

## SHELTON LIBRARY SYSTEM

### Plumb Memorial Library

65 Wooster St. 203-924-9461

### Huntington Branch Library

In the Community Center,  
41 Church St. 203-926-0111

## SHELTON SENIOR CENTER

The Center provides a wide range of social, educational, health, financial, and recreational programs for residents 55 years of age and older. The Center sponsors parties, BBQ's, special events, day/overnight trips and casino trips.

Transportation to the Center is provided for Shelton residents (FREE MWF) including free shopping bus to local stores for members on Wednesdays. For more information regarding any of these programs, please call the Center at (203) 924-9324.

## SHELTON YOUTH SERVICE BUREAU

The Youth Service Bureau was established in 1988 by the City of Shelton for the purpose of developing, planning and coordinating services for the youth of the city and their families.

The Youth Service Bureau works cooperatively with the schools, police, youth, parents and other community resources to encourage our youth to strive for their full potential. The Bureau provides programs for both youth and parents on issues of importance in today's society. It also provides information and referrals for parents and youth in need. For more information, please call the Youth Service Bureau at 203-924-7614 or email:

[SYSB@cityofshelton.org](mailto:SYSB@cityofshelton.org)

Spotlight on Youth – If you know a Shelton student, between the ages of 12 and 18, who has given back to his/her school or community through volunteer hours or acts of kindness, nominate that student for Spotlight on Youth. Call the Youth Service Bureau at 203-924-7614 for nomination forms. Call ahead due to pandemic.



### *Reorganization, continued from pg. 26*

Benefits for Met Life. She later became a Director of Quality for Customer Response Centers, a project Management Consultant, and a Customer Interaction Specialist Manager. In 2013, Lori joined the Shelton Public School System as a Principal's secretary and moved to Booth Hill School as the Lead Elementary School Secretary. Lori resides in Shelton with her husband and children. She is excited to be part of this new leadership team and working at Central Office.

It is an exciting and ambitious task to reorganize but the Board and the Superintendent have decided it is necessary and crucial during these times of financial constraints. The ultimate goal is to build a foundation to ensure student success. This plan is the first of three to be revealed with the onset of each new school year. ♦

## CONTACT INFORMATION

Shelton City Hall (203) 924-1555

Shelton Board of Education  
(203) 924-1023

Shelton Community Center  
(203) 925-8422

Shelton Highways and Bridges  
(203) 924-9277

Shelton Animal Control  
(203) 924-2501

Shelton Libraries:

Plumb Library (203) 924-1580

Branch Library (203) 926-0111

Shelton Police Dept. (203) 924-1544

Shelton Probate Court  
(203) 924-8462

Shelton Registrar of Voters  
(203) 924-2533

### 1ST WARD ALDERMEN

Anthony Simonetti (203) 926-0922

David Gidwani (203) 450-8223

### 2ND WARD ALDERMEN

Eric McPherson (203) 924-5862

Joanna Carloni (203) 712-7109

### 3rd WARD ALDERMEN

John Anglace (203) 929-1515

Cris Balamaci (203) 922-1639

### 4th WARD ALDERMEN

Noreen McGorty (203) 926-1638

Bernie Simons (203) 925-8499

### STATE LEGISLATORS

State Senator Kevin Kelly  
(860) 240-8826

State Representative Ben McGorty  
(800) 842-1423

State Representative Jason Perillo  
(800) 842-1423

### CONGRESSIONAL REPRESENTATION

Congresswoman Rosa DeLauro  
(New Haven office) (203) 562-3718

Congressman Jim Himes  
(Bridgeport office) (866) 453-0028

### U.S. SENATORS

Senator Richard Blumenthal  
(Bridgeport office) (203) 330-0598

Senator Chris Murphy  
(Hartford office) (860) 549-8463

# SHELTON COMMUNITY & BUSINESS NEWS

Shelton Economic  
Development Commission  
c/o City Hall  
54 Hill Street  
Shelton, Connecticut 06484

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